الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، جَعَلَ الصَّلاَةَ رَاحَةً لِلْمُؤْمِنِينَ، وَنُورًا لِلْمُتَّقِينَ، وَأَشْهَدُ أَنْ لاَ إِلهَ إِلاَّ اللَّهُ وَحْدَهُ لاَ شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ سَيِّدَنَا وَنَبِيَّنَا مُحَمَّدًا عَبْدُ اللَّهِ وَرَسُولُهُ، إِمَامُ الْعَابِدِينَ، وَقُدُوةُ الرَّاكِعِينَ السَّاجِدِينَ، مُحَمَّدًا عَبْدُ اللَّه وَرَسُولُهُ، إِمَامُ الْعَابِدِينَ، وَقُدُوةُ الرَّاكِعِينَ السَّاجِدِينَ، فَاللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكُ عَلَى سَيِّدِنَا وَنَبِيِّنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ فَاللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكُ عَلَى مَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ. الطَّاهِرِينَ، وَعَلَى مَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

All praise is due to Allah, the Lord of the Worlds. He made the prayers a source of comfort for the believers and a beacon of light for the pious. I bear witness that there is no deity save Allah, having no associates. I also bear witness that our Master Muhammad is the servant of Allah and His Messenger. He is the Imam of the virtuous believers and the best amongst those who establish prayers. May the peace and blessings of Allah be upon him, his pure family, companions, and all those who follow them in righteousness till the Day of Judgment.

- The reason for the creation of the universe, & humans is worship,

 "And I did not create the jinn and mankind except" وَمَا خَلَقْتُ الْجِنَّ وَالْإِنسَ إِلَّا لِيَعْبُدُونِ

 to worship Me." (51:56)
- Kalima Tawheed, the word that declares the oneness of Allah see necessitates Salah, Salah is therefore the basic element of servitude.
- Just as Fatihah is the index of the Qur'an, man is the index of the universe, and Salah is the index of all worships. Salah includes fasting, pilgrimage, zakat & it will be the first to be questioned!
- WHAT IS SALAH? Salah is an eminent connection, a divine relationship and a peaceful relationship between Allah and servant. Salah is among the first commands of Mi'raj, sent down as a gift from Allah.
- The meaning of Salah is to glorify and exalt Allah . Seeing Him free from all imperfections when saying "Subhanallah"
- Stating His grandness saying "Allahu Akbar" and controller of affairs.
- Thanking Allah by saying "Alhamdulillah" for everything you have.
 Tasbih (to glorify), Takbir (to declare He is superior to all) and Hamd (to praise) are the bases of Salah.

تُسَبِّحُ لَهُ السَّمَاوَاتُ السَّبْعُ وَالْأَرْضُ وَمَن فِيهِنَّ وَإِن مِّن شَيْءٍ إِلَّا يُسَبِّحُ بِحَمْدِهِ

إِنَّ الصَّلَاةَ كَانَتْ عَلَى الْمُؤْمِنِينَ كِتَابًا مَوْقُوتًا

Indeed, prayer has been decreed upon the believers at specified times.

The First Reason: The most important reason that makes people bored of Salah is their assumption that death is far and they will pray when they're older. However; the time of death is hidden and there is no guarantee that we will live through the night and reach tomorrow alive.

And to establish prayer and fear Him, And to Him you will be gathered.

The Prophet said, "the best of deeds is to perform the prayers at the (earliest) appointed time." (Muttafaq)

• The Second Reason: Another important reason for laxity in performing Salah is "not realising that Salah is the spiritual food of the soul." If man, who does not get bored of eating three times a day, then why does he not nourish his spirit 5x a day?

The Prophet said, "my comfort has been provided in prayer."

 The Third Reason: Not praying due to impatience. Whereas the patience given by Allah enables you to stand up to every difficulty.

وَاسْتَعِينُوا بِالصَّبْرِ وَالصَّلَاةِ وَلِنَّهَا لَكَبِيرَةٌ إِلَّا عَلَى الْحَاشِعِينَ

And seek help through patience and prayer, and indeed, it is difficult except for the humbly submissive [to Allah]

ووَأْمُرْ أَهْلَكَ بِالصَّلَاةِ وَاصْطَبِرْ عَلَيْهَا لَا نَسْأَلُكَ رِزْقًا نَّحْنُ نَرْزُقُكَ وَالْعَاقِبَةُ لِلتَّقْوَى

And enjoin prayer upon your family [and people] and be steadfast therein.

 The Fourth Reason: Another reason for laxity in performing Salah and worship is not to think about the reward and prize that will be given in return for performing them.

مَنْ صَلَّى الْعِشَاءَ فِي جَمَاعَةٍ فَكَأَنَّمَا قَامَ نِصْفَ اللَّيْلِ، وَمَنْ صَلَّى الصُّبْحَ فِي جَمَاعَةٍ فَكَأَنَّمَا صَلَّى اللَّيْلَ كُلَّهُ

"he who observed the 'Isha' prayer in congregation, it was as if he prayed up to midnight, and he who prayed the morning prayer in congregation, it was as if he prayed the whole night." (Muslim)

مَنْ صَلَّى لِلْبَرْدَيْنِ دَخَلَ الْجَنَّةَ

"whoever prays the two cool prayers will go to Paradise." (Fajr & Asr) (Muttafaq)