الْحَمْدُ لِلَّهِ الَّذِي أَحْصَى كُلَّ شَيْء عَدَدًا، وَوَكُلَ بِعِبَادِهِ مَلَائِكَةً كُرَمَا، وَأَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنْ سَيِّدَنَا وَنَبِيّنَا مُحَمَّدًا عَبْدُ اللَّهِ وَرَسُولُهُ، فَاللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا وَنَبِيّنَا مُحَمَّدًا عَبْدُ اللَّهِ وَرَسُولُهُ، فَاللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا وَنَبِيّنَا مُحَمَّدًا وَعَلَى مَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ أَجْمَعِينَ، وَعَلَى مَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

All praise is due to Allah Who has enumerated all things in number. He entrusted His Servants to noble angels. I bear witness that there is no deity save Allah, having no associates. I also bear witness that our Master and Prophet Muhammad is the Servant of Allah and His Messenger. May the peace and blessings of Allah be upon him, his pure blessed family and companions, and all those who follow them in righteousness till the Day of Judgment.

- Fear is a natural part of the human condition, it can keep him alive or kill him. It can strengthen or weaken, It can make or break a person.
- We all have fears of people, family, friends, work, finances, property, but rarely do we have true fear of Allah, His Prophet, His Deen, His Azaab...
- Musa accidentally killed a man, feared reprisals from Firawn's people and ended up having to flee to save his life. When he approached the fire on the hillside and Allah instructed him to throw his staff and it became a snake, he was frightened.
- When he was ordered to return to counsel Firawn, he spoke of his inability to articulate himself. When Allah acalled out to him from the side of Mount Tur, he was frightened and struck with unimaginable awe. Allah agave him the Tablet and instructed him to take it with firmness.
- After all the physical, mental, spiritual lessons and experiences, Musa went to confront Firawn, he was Fearless, Steadfast, Confident & Trusting in Allah . When he was leading his people away from Egypt and the army was following them, he did Not Waver. When his people cried out in fear: "We'll surely be caught!" Musa said, "By no means! My Lord is with

me! He will soon guide me"

But as for him who feared standing before his Lord, and restrained himself from impure evil desires and lusts." Fear

Those who offer their Salah with all solemnity and full submissiveness Awe

"The hypocrites fear lest a Surah should be revealed about them, showing them what is in their hearts." Worry

Rau' is to startle someone فَلَمَّا ذَهَبَ عَنْ إِبْرَاهِيمَ الرَّوْعُ

So he conceived fear in himself. Internalisation - فَأُوْجَسَ فِي نَفْسهِ حِيفَةً مُّوسَىٰ

إِنَّمَا الْمُؤْمِنُونَ الَّذِينَ إِذَا ذُكِرَ اللَّهُ وَجِلَتْ قُلُوبُهُمْ **Wajl** is to have a fear that penetrates deep in your heart. It is a fear in which a person trembles and shivers

Ru'b is to be overwhelmed with fear and terror مَأُلُقِي فِي قُلُوبِ الَّذِينَ كَفَرُوا الرُّعْبَ that makes you lose your reason

Wajf is a fear mixed with discomfort قُلُوبٌ يَوْمَئِذٍ وَاحِفَةٌ

When we suffer from fear, we waver, sometimes our fears are irrational, but often they are realistic, fear can make us hesitate when we are required to act. Sometimes fear is so great that it is paralyzing and we come to a complete standstill.

Our fear often stops us from thinking clearly and doing what is just and right, because those who are powerful around us might harm us if we speak or act outside the limitations they have placed on us. But...

Do not grieve; indeed Allah is with us لَا تَحْزَنْ إِنَّ اللَّهَ مَعَنَا

Do not grieve, it is you who will be victorious if وَلَا تَحْزَنُوا وَأَنتُمُ الْأَعْلَوْنَ إِن كُنتُم مُّؤْمِنِينَ you are believers.

ُ الْجَنَّةَ لَا خَوْفٌ عَلَيْكُمْ وَلَا أَنتُمْ تَحْزَنُونَ 'Enter Paradise; you shall have no fear nor any grief.'"

O My bondmen! This day there shall be no يَا عِبَادِ لَا خَوْفٌ عَلَيْكُمُ الْيَوْمَ وَلَا أَنتُمْ تَحْزَنُونَ fear upon you, nor any grief."

We all have some fears, but don't let them consume destroy you, allow them to transform you and make you stronger. Fear Allah, Be in Awe, Awareness, Tremble, Overwhelmed & He will enable you to overcome all the fears of the Dunya and Hereafter.