لْجَلاَلِ وَالإَكْرَامِ، أُوصَانَا بِحُسْنِ القَوْلِ، وَخَيْرِ أَإِلهَ إِلاَّ اللَّهُ وَحْدَهُ لاَ شَرِيكَ لَهُ، إِلَيْهِ يَصْعَدُ أ الصَّالِحُ يَرْفَعُهُ, وَأَشْهَدُ أَنَّ سَيِّدَنَا وَنَبِيَّنَا رَسُولُهُ, فَالِلَّهُمَّ صَلٍّ وَسَلَّمْ وَبَارِكْ عَلَى سَيِّدِنَا وَنَبِيِّنَا جْمَعِينَ، وَعَلَى مَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّين.

All praise is due to Allah, the Possessor of Glory and Honour. He ordains us to speak in kindness and use the best of words. I bear witness that there is no deity save Allah, having no associates. To Him ascends good speech, and righteous work raises it. I also bear witness that our Master Muhammad is the Servant of Allah and His Messenger. May the peace and blessings of Allah be upon him, his pure blessed family and companions, and all those who follow them in righteousness till the Day of Judgment. Is your HEART or your TONGUE the strongest muscle in the body? Which has the greatest endurance. We sleep, rest, and physically slow down because we get tired, the hearts needs rest, but doesn't our tongue? Can you ever remember your tongue getting tired? Even when eating, drinking, sleeping, walking, working.

"Indeed the servant of Allah makes a statement which pleases Allah, and the servant does not attach any importance to what he said, yet Allah elevates his rank due to this statement. And indeed the servant of Allah makes a statement that angers Allah, and the servant does not attach any importance to what he said, yet he falls into Jahannum on account of the statement." (Bukhari)

The Profound Power of the tongue is evident – it can either Elevate one's rank or cause him to Fall into Jahannum. However, as mentioned in the hadith, the person uttering the statement is often unaware of the Might of his Tongue, and consequence of what he uttered.

So it's imperative for us all to TIE our tongues, to Think Before We Speak.

Is the statement/comment we wish to make **Necessary**? If it is, then what are the consequences of this statement - in this world and the next?

"The Pen is Mightier Than The Sword" is a well known proverb. However, what should be added is "And The Tongue is The Mightiest Of All!"

- How many life-long friendships came to a screeching halt on account of a careless statement?
- How many marriages broke down because of an insensitive, hurtful remark casually uttered?
- A wound to the flesh may heal, but the wounds inflicted by the tongue fester and worsen until they ultimately cause irrecoverable damage.

وَقُولُوا لِلنَّاسِ حُسْنًا - قَوْلاً كَرِيماً Speak to people good words (2:83) - Noble words. (17:23) فَلْيَتَّقُوا اللَّهَ وَلْيَقُولُوا قَوْلًا سَدِيدًا -وَقُولُوا لَهُمْ قَوْلًا مَّعْرُوفًا

Speak to them words of appropriate kindness. (4:8) - Justice (4:9) وَإِذَا قُلْتُمْ فَاعْدِلُوا وَلَوْ كَانَ ذَا قُرْبَىٰ

When you speak, be just, even if it should be to a near relative. (6:152)

O Muadh! is there anything that throws people into the Hellfire upon their faces, except the harvests of their tongues? You will be safe as long as you remain silent. Yet, when you speak, your words will either be recorded against you or for your favour." (Tirmidhi)

- Whenever we hear something from anyone we are quick to Gossip, Backbite, Comment and Impugn the life of others with our Tongues. When a glass breaks, the sound quickly disappears, whereas the broken pieces remain. Similarly, when you say something that hurts people's feelings, the voice disappears, but the hearts remains in pain.
- Therefore, be cautious, tie your tongue & don't say except good
- 1. فتبينوا Investigate if you received an information lest you harm people
- 2. فأصلحوا Make settlements between your brothers as believers
- 3. وأقسطوا Act Justly whenever there is a dispute try for a settlement
- 4. يسخر Don't Ridicule, people perhaps they may be better than you
- **5. ولا تلمزوا Do Not Insult** one another
- 6. ولا تنابزوا Do not call Offensive Nicknames to each other
- 7. اجتنبوا كثيرا من الظن Avoid Negative Assumptions they lead to sins
- 8. ولا تجسسوا Don't spy on each other
- 9. ولا يغتب بعضكم بعضا Do not backbite each other: as its a major sin ولا يغتب بعضكم بعضا

maintain good character, pleasant speech, long silences