

الحمدُ لله الذي خَلَقَ فَسَوَّى، وَقَدَّرَ فَهَدَى، وَخَلَقَ الزَّوْجَيْنَ الذَّكَرَ وَالْأُنْثَى، وَأَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، جَعَلَ لِلنَّاسِ مِنْ أَنْفُسِهِمْ أَزْوَاجًا لِيَسْكُنُوا إِلَيْهَا، وَجَعَلَ بَيْنَهُمْ مَوَدَّةً وَرَحْمَةً وَأَشْهَدُ أَنَّ سَيِّدَنَا مُحَمَّدًا عَبْدُ اللَّهِ وَرَسُولُهُ وَصَفِيُّهُ مِنْ خَلْقِهِ وَخَلِيلُهُ خَيْرُ الْأَزْوَاجِ لِلزَّوْجَاتِ، وَأَرْحَمُ النَّاسِ بِالْبَنِينَ وَالْبَنَاتِ، اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ أَجْمَعِينَ، وَمَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

**All praise be to Allah who created and proportioned, who destined then guided and created the two mates - male and female. I bear witness that there is no deity except Allah Alone, having no partners. He created for people from among themselves that they may find tranquillity in them, and placed between them affection and mercy.**

**I also testify that Muhammad is Allah's Messenger and Servant, who reached the highest reverence with the most outstanding character. He was the best friend and companion, the best husband to wives and kindest to sons and daughters. May the peace and blessings of Allah be upon him, his family, his Companions, and all those who will follow them in righteousness till the Day of Judgment.**

وَالَّذِينَ يَقُولُونَ رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّاتِنَا قُرَّةَ أَعْيُنٍ وَاجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا

**“And those who say, "Our Lord, grant us from among our wives and offspring comfort to our eyes and make us an example for the righteous.” (25:74)**

In the demands of work, friends and Dunya; the greatest sufferer is Family and Faith

### **“I’m Busy”**

Stay-at-home mother of two, a working father, a newly married couple, or a single parent juggling work and children, we often hear **“I’d love to spend more time with my family, but I’m just so busy”**

If you won’t and don’t, then who will? Who and what are the substitutes? Our faith and families are decaying and we are failing them with grave consequences

When faith suffers, so does your family – they are inextricably linked

يَا أَيُّهَا الَّذِينَ آمَنُوا قُوا أَنْفُسَكُمْ وَأَهْلِيكُمْ نَارًا

**“O you who have believed, protect yourselves and your families from a Fire” (66:6)**

لَا يُكَلِّفُ اللَّهُ نَفْسًا إِلَّا وُسْعَهَا لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ

**“On no soul does Allah place a burden greater than it can bear. It gets every good that it earns, and it suffers every ill that it earns.” (2:286)**

- **Priorities** – While every person carries specific burdens; Allah will never weigh us down with something we cannot handle. Sacrificing family time or cutting back on being with our family members is not the answer to better time management
- **Comparison With The Prophet** – “Having No Time” to spend with family or on matters of faith is really just a case of a misappropriation of time. The hours, minutes, days, weeks, months, years are the same, but the **Barakah** in the way we use that time has greatly decreased

If you primarily engross yourself in work, leisure and pleasures of *Dunya*; then your children, spouse, parents, siblings, and Deen will come second and suffer

- **Rebuilding the Broken** – Broken Individuals = Fragmented Families = Crippled Societies. **So rebuild your faith first and then your family.**
- **1 Worship Together**
- **2 Read The Qur’an Together**
- **3 Do Dhikr Together**
- **4 Do Du’a Together**
- **5 Eat Together**