

الْحَمْدُ لِلَّهِ الْوَدُودِ الْمَعْبُودِ، الَّذِي خَضَعَتْ لَهُ الْوُجُوهُ بِالسُّجُودِ،
وَتَفَضَّلَ عَلَى عِبَادِهِ السَّاجِدِينَ بِالْقُرْبِ وَالْجُودِ، وَأَشْهَدُ أَنْ لَا إِلَهَ إِلَّا
اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ سَيِّدَنَا وَنَبِيَّنَا مُحَمَّدًا عَبْدُ اللَّهِ
وَرَسُولُهُ، أَكْمَلُ حَامِدٍ وَعَابِدٍ، وَخَيْرُ رَاكِعٍ وَسَاجِدٍ، فَاللَّهُمَّ صَلِّ وَسَلِّمْ
وَبَارِكْ عَلَى سَيِّدِنَا وَنَبِيِّنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ أَجْمَعِينَ، وَعَلَى مَنْ
تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

All praise is due to Allah, the Affectionate, the Worshipped Lord. To Him all the faces are bowing humbly in prostration. He bestowed upon His prostrating servants the favours of drawing nearer to Him and being generously rewarded. I bear witness that there is no deity save Allah, having no associates. I also bear witness that our Master Muhammad is the Servant of Allah and His Messenger. He pbuh was the best of those showed gratefulness towards Allah, the best of worshipers and the best of those bowed and prostrated. May the peace and blessings of Allah be upon our Master Muhammad, his family and all of his companions and those who follow them in righteousness till the Day of Judgement.

فَأَقِمْ وَجْهَكَ لِلدِّينِ حَنِيفًا فِطْرَتَ اللَّهِ الَّتِي فَطَرَ النَّاسَ عَلَيْهَا لَا تَبْدِيلَ لِخَلْقِ اللَّهِ ذَلِكَ الدِّينُ الْقِيمُ وَلَكِنَّ أَكْثَرَ النَّاسِ لَا يَعْلَمُونَ

So direct your face toward the religion, inclining to truth. [Adhere to] the fitrah of Allah upon which He has created [all] people. No change should there be in the creation of Allah. That is the correct religion, but most of the people do not know. (30:30)

Our focus, efforts & attention must be in line with our design & purpose.

وَعَنْتِ الْوُجُوهُ لِلْحَيِّ الْقَيُّومِ وَقَدْ خَابَ مَنْ حَمَلَ ظُلْمًا

And [all] faces will be humbled before the Ever-Living, the Sustainer of existence. And he will have failed who carries injustice. (20:112)

The most humble & closest a heart/soul/body can be is in Sajdah.

يَا أَيُّهَا النَّاسُ اعْبُدُوا رَبَّكُمُ الَّذِي خَلَقَكُمْ وَالَّذِينَ مِنْ قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ

“O mankind, worship your Lord, who created you and those before you, that you may become righteous.”(2:21)

Sajdah is the greatest of acts of worship performed to Allah ﷻ. Indeed He is the only One Who is worthy of being prostrated to, for He is the Creator and the Owner of Majesty and Honour. Allah ﷻ enjoined upon His servants to prostrate to Him فَاَسْجُدُوا لِلَّهِ وَاعْبُدُوا

“So prostrate to Allah and worship [Him].” (53:62)

- To prostrate is to be fully submitted and devoted to ﷻ Allah and in full state of subservience to Him. The Prophet ﷺ said, **“I have been ordered to prostrate on seven bones i.e. on the forehead.”** He ﷺ pointed towards his nose, both hands, both knees and the toes of both feet.
- Undoubtedly, to Allah ﷻ prostrates all creatures in ultimate position of humility and surrender.

أَلَمْ تَرَ أَنَّ اللَّهَ يَسْجُدُ لَهُ مَنْ فِي السَّمَوَاتِ وَمَنْ فِي الْأَرْضِ وَالشَّمْسُ وَالْقَمَرُ وَالنُّجُومُ وَالْجِبَالُ وَالشَّجَرُ وَالدَّوَابُّ وَكَثِيرٌ مِنَ النَّاسِ

“do you not see that to Allah prostrates whoever is in the heavens and whoever is on the earth and the sun, the moon, the stars, the mountains, the trees, the moving creatures and many of the people? (22:18)

وَلِلَّهِ يَسْجُدُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ مِنْ دَابَّةٍ وَالْمَلَائِكَةُ وَهُمْ لَا يَسْتَكْبِرُونَ

“and to Allah prostrates whatever is in the heavens and whatever is on the earth of creatures, and the angels [as well], and they are not arrogant.” (16:49)

تَرَاهُمْ رُكَّعًا سُجَّدًا يَبْتَغُونَ فَضْلًا مِنَ اللَّهِ وَرِضْوَانًا سِيمَاهُمْ فِي وُجُوهِهِمْ مِنْ أَثَرِ السُّجُودِ

“you see them bowing and prostrating [in prayer], seeking bounty from Allah and [His] pleasure. Their mark is on their faces from the trace of prostration.” (48:29)

سُئِلَ النَّبِيُّ عَنْ أَحَبِّ الْأَعْمَالِ إِلَى اللَّهِ تَعَالَى، قَالَ: «عَلَيْكَ بِكَثْرَةِ السُّجُودِ لِلَّهِ

The Prophet ﷺ was once asked about the dearest of acts to Allah the Almighty, he said, “You should prostrate more often.”

وَقَالَ عَبْدُ اللَّهِ بْنُ مَسْعُودٍ رَضِيَ اللَّهُ عَنْهُ: إِنَّ أَفْضَلَ الصَّلَاةِ الرُّكُوعُ وَالسُّجُودُ. وَتُغْفَرُ الذُّنُوبُ بِالسُّجُودِ، قَالَ رَسُولُ اللَّهِ «إِنَّكَ لَا تَسْجُدُ لِلَّهِ سَجْدَةً إِلَّا رَفَعَكَ اللَّهُ بِهَا دَرَجَةً، وَحَطَّ عَنْكَ بِهَا خَطِيئَةً

- Abdullah Ibn Masood رضي الله عنه, said, “The best amongst the acts of prayer are bowing and prostration.” This is because prostration is a cause for removing sins as the Messenger of Allah ﷺ said, “No worshipper performs a prostration to Allah except that by it Allah will raise him in status one degree, and erase a sin from him for it.”

وَأَمَّا السُّجُودُ فَاجْتَهِدُوا فِي الدُّعَاءِ، فَكَمِنَ أَنْ يُسْتَجَابَ لَكُمْ

“As for prostration, strive in supplication in it, for they are more likely to be answered.”

أُمِرَ ابْنُ آدَمَ بِالسُّجُودِ فَسَجَدَ فَلَهُ الْجَنَّةُ، وَأُمِرْتُ بِالسُّجُودِ فَأَبَيْتُ فَلِيَ النَّارُ

“Woe is me! The son of Adam was commanded to prostrate and he prostrated, and Paradise will be his; I was commanded to prostrate and I refused, so I am doomed to Hell.” (Muslim)

Rajab gave us the gift of Salah, Sha’ban is a month of pushing yourself in worship so that we may reach the pinnacle pleasure of faith and prayer in Ramadan.