Are you alive? Or are you a human? Being human is to have a soul, mind, consciousness, emotions, abilities & purpose. You can only live like a human when you realise your humanity & faith, not just biology.

## A human is only precious when he is attributed to Allah

When you forget Allah, you become worthless & your only value is your material body. It is Allah who creates man in the most beautiful way, breathes into man from His own soul, makes man honourable, makes His angels prostrate to man, makes man the caliph of the earth, creates everything on the earth for man, makes the earth obedient to man, puts night and day, sun and moon into service of man, gives all those in the heavens and the earth to man's command, prepares for man the gardens of paradise beneath which rivers flow, invites man to the paradise, created man only to worship Him.

## A person who forgets Allah, will forget himself, humanity & purpose

لَقَدْ حَلَقْنَا الْإِنسَانَ فِي أَحْسَنِ تَقْوِيمٍ - ثُمَّ سَوَّاهُ وَنَفَخَ فِيهِ مِن رُّوحِهِ اسْجُدُوا لِآدَمَ - وَهُوَ الَّذِي جَعَلَكُمْ خَلَائِفَ الْأَرْضِ الْأَرْضِ الْأَرْضِ جَمِيعًا - هُوَ الَّذِي جَعَلَ لَكُمُ الْأَرْضَ ذَلُولً هُوَ الَّذِي جَعَلَ لَكُمُ الْأَرْضَ ذَلُولً وَسَخَّرَ لَكُمُ اللَّائِلُ وَالنَّهَارَ وَالشَّمْسَ وَالْقَمَرَ - وَسَخَّرَ لَكُم مَّا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ جَمِيعًا مِّنْهُ وَسَخَّرَ لَكُم اللَّيْلُ وَالنَّهَارَ وَالشَّمْسَ وَالْقَمَرَ - وَسَخَّرَ لَكُم مَّا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ جَمِيعًا مِّنْهُ وَسَخَّرَ لَكُم اللَّيْلُ وَالنَّهَارَ وَالشَّمْسَ وَالْقَمَرَ - وَسَخَّرَ لَكُم مَّا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ جَمِيعًا مِّنْهُ جَمِيعًا مِنْ تَحْتِهَا الْأَنْهَارُ لَهُمْ فِيهَا مَا يَشَاءُونَ جَمِيعًا مَا يَشَاءُونَ

Is it possible to forget yourself? World of Selfies, Instagram, Spotlight, Tweets, Posts, Check-in? Reminders 'your important, special, unique, valuable', can you forget yourself? Living life fully, daily & future plans, work, food, shopping, Siri, Alexa, Tech, holidays, house, car, money, wife, kids, career. You're the centre of your life, how can you forget yourself?

CAN YOU FORGET ALLAH? The centre of the universes, creation, life, happiness, prosperity, sustenance, safety.... If you can't forget yourself, then how can you forget Allah? Whoever forgets Allah forgets himself.

"And do not be like those who forgot Allah, so He made them forget themselves." (59:19)

Insaan comes from Nisyaan – Oblivion forget. You have 1 job, NEVER to forget Allah. If you forget Allah, then Allah will cause you to forget yourself, then Allah will forget you, so will the Dunya & you will be.

الدِّينُ النَّصِيحَةُ "So remind, you are only a reminder." – نَسُوا اللَّهَ فَنَسِيَهُمْ

People always need advice, warnings, reminders, 'let there be from you a nation inviting to good, enjoining what is right & forbidding what is wrong'. Fard Kifaya "give advice to your brother"

The world seems to have been designed to make people forget themselves and Allah. It flows at a rapid pace that does not allow thinking and remembering. Emotions and sensual desires are stimulated so much that the mind is defeated and cannot execute its judgment. In this turmoil, we roll off without having time to stop and think and remember. But we have to stop and think, remember and find ourselves by looking for answers to the questions such as where do I come from, what do I do in this world, where do I go, who am I, who sent me to this world. Of course, we have to do it before entering the grave!

بَلِ الْإِنسَانُ عَلَىٰ نَفْسِهِ بَصِيرَةٌ وَلَوْ أَلْقَىٰ مَعَاذِيرَهُ

"Rather, man, against himself, will be a witness, even if he presents his excuses"

Remember your lord when you forget - Remember me & I will remember you

قَالَ كَذُلِكَ أَتَتْكَ آيَاتُنَا فَنَسِيتَهَا وَكَذُلِكَ الْيَوْمَ تُنْسَىٰ - وَلَقَدْ عَهِدْنَا إِلَىٰ آدَمَ مِنْ قَبْلُ فَنَسِيَ وَلَمْ بَجِدْ لَهُ عَزْمًا وَكُلُلِكَ الْيَوْمَ تُنْسَىٰ - وَلَقَدْ عَهِدْنَا إِلَىٰ آدَمَ مِنْ قَبْلُ فَنَسِيَ وَلَمْ بَجِدْ لَهُ عَزْمًا وَمَا كَانَ رَبُّكَ نَسِيًّا

REMEMBER - ALLAH, DEEN, FARAIDH, MESSENGER, MESSAGE, RETURN.