

No Muslim can be a True Mo'min or Muhsin without love for humanity. The fundamental premise of Islam is to Worship Allah & Serve Humanity. Islam highly stresses solidarity, compassion, cooperation and cohesion, which are the building blocks of a stable family, society and world.

“And cooperate in righteousness and piety.” (5:2)

Social compassion is coming together for the sake of spreading goodness across the entire community without discrimination.

“The example of the faithful believers is like the human body; if the head aches, the whole body aches.” (Musnad Ahmad)

“Worship Allah and associate nothing with Him, and to parents do good, and to relatives, orphans, the needy, the near neighbour, the neighbour farther away, the companion at your side & the traveller.” (4:36)

“Whoever relieves a believer’s distress, Allah will rescue him from the difficulties of the Hereafter. Whoever alleviates one in dire straits or debt, Allah will alleviate him both in this world and in the Hereafter. (Muslim)

Compassion is vast & wide & is by no means limited to relatives/Muslims. It includes neighbours & community – sharing, supporting, guiding.

“O Abu Dharr! Whenever you prepare a broth, put plenty of water in it, and give some of it (as a present) to your neighbours.” (Muslim)

Islam is a religion of mercy. It is keen to nurture love and kindness in the heart of people and promote amongst them compassion and solidarity.

“Anyone who believes in Allah and the Last Day should not harm his neighbour, and anyone who believes in Allah and the Last Day should entertain his guest generously and anyone who believes in Allah and the Last Day should talk what is good or keep quiet.” (Bukhari)

“The most beloved of people to Allah are those who are most beneficial to others, and the most beloved of deeds to Allah is happiness that you bring to a fellow Muslim, or relieve him of distress, or pay off his debt, or expel from him hunger. For me to walk with my Muslim brother in his time of need is dearer to me than secluding myself in worship within the mosque for a month. (Tabrani)

And they give food in spite of love for it to the needy, the orphan, and the captive. We feed you only for the countenance of Allah. We wish not from you reward or gratitude.” (76:8-9)

The Prophet ﷺ said, “every Muslim has to give in charity.” “if someone has nothing to give, what will he do?” “he should work with his hands and benefit himself and also give in charity. "if he cannot find even that?” replied he should help the needy who appeal for help.”)

People, families, single mothers, grandparents are struggling with food, rent, bills, costs of living are rising. Those that Allah has blessed have a certain amount of duty to help when asked or reach out to people. There is almost 7.9 billion people yet we often feel incredibly alone and distant from others. We rely on Allah, but Allah gave us families, He gave us friends and He gave us colleagues. There is a deeper wisdom within these relationships.

- 1. Be Kind to Others**
- 2. Ask People What They are Struggling with and Find Ways to Assist**
- 3. Help Others Privately - Make Du'a for Others in Private**
- 4. Give in Charity**
- 5. Pay/Order Someone's Groceries**