



**PALESTINE**

**We go on holiday, travel, eat, drink, enjoy with peace, safety, security. Imagine you have no passport, cannot leave, travel or enjoy anything. Imagine you went out and returned home to utter destruction with no electricity, food or water, through no fault of your own.**

**There are 8 billion voices out there – everyone is shouting screaming fighting arguing debating – saying they are right.**

**But no one is listening to the voices that have been suffocated, starved and drowned in rubble, gunfire and bomb blasts.**

**We are so used to listening to ourselves and others, media, governments, lies, delusions, deceptions that we forget to listen to the voice of Allah ﷻ & His Prophet ﷺ.**

وَاللَّهُ أَعْلَمُ بِأَعْدَائِكُمْ وَكَفَى بِاللَّهِ وَلِيًّا وَكَفَى بِاللَّهِ نَصِيرًا  
وَاللَّهُ أَعْلَمُ بِالظَّالِمِينَ

**We are looking at our brothers and sisters in Gaza, but the world is closely looking at us and our reactions.**

**Are we Rational, Composed, Calm, Reasonable or Barbaric and Chaotic.  
We must control our emotions and be wise in how we react!**

**Remember how the Prophet ﷺ reacted to the martyrdom of Sumayyah?**

**Remember his calm resistance and patience for 13 years in Makkah.**

**Remember how he prepared a nation of strength and intellect.**

**We can & should point the finger to the oppressors, tyrants & destroyers of lives & homes, who are committing blatant massacres & genocide.**

**But we must also look and reflect on the 4 fingers pointing back to us.**

**What have we done for 75 years? How have we stopped Zulm? We must change 1<sup>st</sup> before we attempt to change others and their actions.**

إِنَّ اللَّهَ لَا يُغَيِّرُ مَا بِقَوْمٍ حَتَّىٰ يُغَيِّرُوا مَا بِأَنْفُسِهِمْ

**SAY الحمد لله** – Praise & be immensely grateful for everything you have!

Life, Safety, Peace, Food, Water, Clothing, Warmth, Home, Bathroom, Children, Wealth, Justice, Voice, Freedom, Faith...

مَنْ أَصْبَحَ مِنْكُمْ مُعَافَى فِي جَسَدِهِ آمِنًا فِي سِرْبِهِ عِنْدَهُ قُوَّةٌ يَوْمِهِ فَكَأَنَّمَا حِيزَتْ لَهُ الدُّنْيَا

“Whoever wakes up physically healthy, feeling safe & secure within himself, with food for the day, it is as if he acquired the whole world” (Majah)

**SAY أعوذو بالله** – Everything you have can be taken away in a moment and replaced with great calamities and suffering!

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ وَتَحَوُّلِ عَافِيَتِكَ وَفُجَاءَةِ نِقْمَتِكَ وَجَمِيعِ سَخَطِكَ

O Allah, I seek refuge in You from the removal of Your blessings, from the change of Your protection and from Your sudden punishment and from all that which displeases You” (Muslim)

**SAY** لا حول ولا قوة إلا بالله – Forgive, protect, strengthen, bless, honour our brothers & sisters in Palestine & throughout the world!

أَمَّن يُجِيبُ الْمُضْطَرَّ إِذَا دَعَاهُ وَيَكْشِفُ السُّوءَ

“Is He (not best) who responds to the desperate & removes evil” (27:62)

**BE JUST – BE UPRIGHT – BE TRUE MUSLIMS**

يَا أَيُّهَا الَّذِينَ آمَنُوا كُونُوا قَوَّامِينَ بِالْقِسْطِ شُهَدَاءَ لِلَّهِ وَلَوْ عَلَىٰ أَنفُسِكُمْ أَوِ الْوَالِدِينَ وَالْأَقْرَبِينَ إِن يَكُنْ غَنِيًّا أَوْ  
فَقِيرًا فَاللَّهُ أَوْلَىٰ بِهِمَا فَلَا تَتَّبِعُوا الْهَوَىٰ أَن تَعْدُوا وَإِن تَلَوْا أَوْ تُعْرَضُوا فَإِنَّ اللَّهَ كَانَ بِمَا تَعْمَلُونَ خَبِيرًا

“O you who have believed, be persistently standing firm in justice, witnesses for Allah, even if it be against yourselves or parents and relatives. Whether one is rich or poor, Allah is more worthy of both. So follow not [personal] inclination, lest you not be just. And if you distort [your testimony] or refuse [to give it], then indeed Allah is ever, with what you do, Acquainted.” (4:135)

## **SPEAK UP – STAND UP – BE RESPONSIBLE**

وَالْمُؤْمِنُونَ وَالْمُؤْمِنَاتُ بَعْضُهُمْ أَوْلِيَاءُ بَعْضٍ يَأْمُرُونَ بِالْمَعْرُوفِ وَيَنْهَوْنَ عَنِ الْمُنْكَرِ وَيُقِيمُونَ الصَّلَاةَ وَيُؤْتُونَ الزَّكَاةَ وَيُطِيعُونَ اللَّهَ وَرَسُولَهُ أُولَئِكَ سَيَرْحَمُهُمُ اللَّهُ

**“The believers, men and women, are Awliya (helpers, supporters, friends, protectors) of one another, they enjoin what is right and forbid what is wrong and establish prayer and give Zakah and obey Allah and His Messenger. Those - Allah will have mercy upon them.” (9:70)**

الْمُسْلِمُ أَخُو الْمُسْلِمِ لَا يَظْلِمُهُ وَلَا يُسْلِمُهُ مَنْ كَانَ فِي حَاجَةِ أَخِيهِ كَانَ اللَّهُ فِي حَاجَتِهِ وَمَنْ فَرَجَ عَنْهُ مُسْلِمٌ كُرْبَةً فَرَّجَ اللَّهُ عَنْهُ بِهَا كُرْبَةً مِنْ كُرْبٍ يَوْمَ الْقِيَامَةِ

**"A Muslim is a brother of a Muslim, he neither wrongs him nor hands him over to one who does him wrong. If anyone fulfils his brother's needs, Allah will fulfil his needs; if anyone relieves a Muslim of his troubles, Allah will relieve his troubles on the Day of Resurrection". (Muslim)**