

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، جَعَلَ الصِّيَامَ جَنَّةً، وَخَصَّصَ لِلصَّائِمِينَ بَابًا مُوَصَّلًا  
إِلَى الْجَنَّةِ، وَأَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، الْكَبِيرُ الْمُتَعَالِ،  
وَأَشْهَدُ أَنَّ سَيِّدَنَا وَنَبِيَّنَا مُحَمَّدًا عَبْدُ اللَّهِ وَرَسُولُهُ، وَصَفِيَّهُ مِنْ خَلْقِهِ وَحَبِيبَهُ،  
الدَّاعِي إِلَى أَفْضَلِ الْأَعْمَالِ، وَأَحْسَنِ الْأَقْوَالِ، فَاللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى  
سَيِّدِنَا وَنَبِيَّنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ الطَّيِّبِينَ الطَّاهِرِينَ، وَعَلَى مَنْ تَبِعَهُمْ  
بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

All praise be to Allah the Lord of the worlds, who made the fast a shield, and dedicated a door into Jannah for those who fast. I bear witness that there is no god but Allah alone with no partner, the Most High. And I bear witness that our master and our Prophet Muhammad is His slave and Messenger; the most pure and beloved of His creation, the caller towards excellence in actions and speech. O Allah send your peace and blessings upon our master and Prophet Muhammad, his pure family and companions, and all those who followed in excellence until the Day of Judgment.

## Ramadan – A Valley of Gold

يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ  
لَعَلَّكُمْ تَتَّقُونَ

أَيَّامًا مَّعْدُودَاتٍ

فَمَن كَانَ مِنكُم مَّرِيضًا أَوْ عَلَىٰ سَفَرٍ فَعِدَّةٌ مِّنْ أَيَّامٍ أُخَرَ  
وَعَلَى الَّذِينَ يُطِيقُونَهُ فِدْيَةٌ طَعَامُ مِسْكِينٍ  
فَمَن تَطَوَّعَ خَيْرًا فَهُوَ خَيْرٌ لَهُ وَأَن تَصُومُوا خَيْرٌ لَّكُمْ إِن كُنتُمْ تَعْلَمُونَ

**“O you who have believed, decreed upon you is fasting as it was  
decreed upon those before you  
that you may become righteous**

**(Fasting for) a limited number of days**

So whoever among you is **ill or on a journey** (during them) - then an  
equal number of days (are to be made up)

And upon those who are able (to fast, but with hardship) - **a ransom  
(as substitute) of feeding a poor person** (each day)

And whoever volunteers excess - it is better for him. **But to fast is best  
for you, if you only knew”** (2:183)

## Ramadan – A Valley of Gold

Imagine a valley full of gold and you can take from it as much as you want

- The type that will just not care and move on thus taking nothing
- The type that will fill up their pockets and leave
- The type that will bring trucks after trucks taking truckloads until it's over

Ramadan is greater than a valley full of gold but yet you will find the majority of the people simply not interested and will leave empty handed

### How to enter Ramadan?

**Clearing the Past** - enter the month of Ramadan with a clean slate. Take this opportunity before Ramadan to seek forgiveness and repent to Allah

وَتُوبُوا إِلَى اللَّهِ جَمِيعًا أَيُّهَا الْمُؤْمِنُونَ لَعَلَّكُمْ تُفْلِحُونَ

“And turn to Allah in repentance, all of you, O believers, that you might succeed.” (24:31)

**“Oh people, repent to Allah, for I repent to Him one hundred times daily.”  
(Muslim)**

**Complete your missed Salah/Fasts**

**Clear your debts/Zakat/Fitrana before Ramadan**

## Ramadan – A Valley of Gold

**2. Purify Your Intentions** - Constantly review, renew and rectify your intentions for any action you want to commit

**3. Start Organising** - mentally, spiritually and physically for your day to day commitments prior to Ramadan, so you are in complete control and not shocked

### Daily Checklist

- **1. Daily portion of the Qur'an**

**“Indeed the one who recites the Qur'an beautifully, easily and precisely, will be in the company of the noble and obedient angels. As for the one who recites it with difficulty, stammering or stumbling through its verses, then he will have twice that reward.” (Muslim)**

- **2. Pray The Nightly Prayers** - Taraweeh, Tahajjud and Ishraq prayers – if not then at least the two with extra Nawaafil throughout the day

- **3. Make Lots Of Supplications** - Ask Allah to allow you to live, benefit and truly experience Ramadan

- **4. Give Lots Of Sadaqah**

**“There isn't a morning in which the believers rise except that there are two angels who descend. So one of them says, “Oh Allah, compensate the giver of charity”, and the other says, “Oh Allah, diminish the wealth of the stingy”. (Bukhari)**