

الْحَمْدُ لِلَّهِ الْمَلِكِ الْحَكِيمِ الْوَهَّابِ، الْعَظِيمِ التَّوَّابِ، أَنْزَلَ الْكِتَابَ هُدًى وَذِكْرًا
لِأُولِي الْأَلْبَابِ، نَحْمَدُهُ سُبْحَانَهُ كَمَا يَنْبَغِي لَجَلَالِ وَجْهِهِ وَعَظِيمِ سُلْطَانِهِ، وَأَشْهَدُ
أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ
قَدِيرٌ، وَأَشْهَدُ أَنَّ سَيِّدَنَا وَنَبِيَّنَا مُحَمَّدًا عَبْدُ اللَّهِ وَرَسُولُهُ، الشَّافِعُ الْمُشَفَّعُ يَوْمَ
الْعُرْضِ وَالْحِسَابِ، صَلَّى اللَّهُ وَسَلَّمْ وَبَارَكَ عَلَيْهِ وَعَلَى آلِهِ وَعَلَى جَمِيعِ
الْأَصْحَابِ، وَعَلَى مَنْ تَبِعَهُمْ بِإِحْسَانٍ عَلَى طَرِيقِ الْهُدَى وَالصَّوَابِ.

All praise and thank be to Allah, the Exalted, the Bestower. He sent the Scripture as guidance and a reminder for those of understanding. We extol Him as is befitting to His great sovereignty and glorious status, and bear witness that there is no deity worthy of worship, except for Allah alone without any partners or peers. To Him belongs the dominion of the heavens and the earth and whatever is within them.

I also testify that Muhammad is His Servant and Messenger, the Intercessor, the one whose intercession is accepted on the Last Day. May the peace and blessings of Allah be upon him, his family, his companions, and all those who will follow them in righteousness till the Day of Judgment.

5 Steps Towards A Noble Life

فَبَشِّرْ عِبَادِ الَّذِينَ يَسْتَمِعُونَ الْقَوْلَ فَيَتَّبِعُونَ أَحْسَنَهُ أُولَئِكَ الَّذِينَ هَدَاهُمُ اللَّهُ وَأُولَئِكَ هُمْ أُولُو الْأَلْبَابِ

“So give good tidings to My servants. Who listen to speech and follow the best of it. Those are the ones Allah has guided, and those are people of understanding.”
(39:17-18)

“I, Ya Rasulallah”

مَنْ يَأْخُذْ عَنِّي هَؤُلَاءِ الْكَلِمَاتِ فَيَعْمَلْ بِهِنَّ أَوْ يُعَلِّمُ مَنْ يَعْمَلُ بِهِنَّ؟ فَقَالَ أَبُو هُرَيْرَةَ: فَقُلْتُ: أَنَا يَا رَسُولَ اللَّهِ فَأَخَذَ بِيَدِي فَعَدَّ خَمْسًا وَقَالَ: اتَّقِ الْمَحَارِمَ تَكُنْ أَعْبَدَ النَّاسِ، وَارْضَ بِمَا قَسَمَ اللَّهُ لَكَ تَكُنْ أَعْنَى النَّاسِ، وَأَحْسِنْ إِلَى جَارِكَ تَكُنْ مُؤْمِنًا، وَأَحِبَّ لِلنَّاسِ مَا تُحِبُّ لِنَفْسِكَ تَكُنْ مُسْلِمًا، وَلَا تُكْثِرِ الضَّحِكَ، فَإِنَّ كَثْرَةَ الضَّحِكِ تُمَيِّتُ الْقَلْبَ.
(Tirmidhi, Ahmad, Tabrani)

“Who among you will accept of me the following words and adopt and execute their meaning or teach someone to adopt them and act according to them?” “I, Ya Rasulallah” “So he held my hand and counted five things according to my five fingers as follows.

- 1) Keep away from prohibited things and you will be the best of worshipers.
- 2) Be content with what Allah has given you, and you will be the richest of people.
- 3) Be good to your neighbour and you will be a true believer.
- 4) Love for other people what you love for yourself and you will be a (perfect) Muslim.
- 5) Do not laugh too much, for excessive laughter deadens the heart.

5 Steps Towards A Noble Life

“Keep away from prohibited things and you will be the best of worshipers”

- Worship twofold – bring forth good deeds & abstain from bad deeds.
- You may be strong in Salah and charity yet weak in lying and backbiting. You may be a helpful man, yet have haram sources of income.

Increase your good deeds, but you must pay heed to your evil actions whether of heart, tongue or limbs.

↑ **Spiritual and Mental Development** ↓

“Be content with what Allah has given you, and you will be the richest of people”

- Don't always look at others, or have excuses, “If I lived in such and such place, I would be able to do such and such. And if I had this I would do...”
- Whatever Allah has given you is good for you, those who have more only have it in the Dunya, your Naseeb is everlasting and in the hereafter. Dunya is not worth losing sleep, contentment and your hereafter.

“قد أفلح من أسلم، ورزق كفافاً، وقنعه الله بما آتاه” (Muslim)

- If you want more, then be greedy for Allah's Mercy, Forgiveness and reward in the hereafter. A man may be poor, yet healthy. Another may be wealthy, yet he wishes for good health more than wealth.
- Be pleased with what Allah has given you, and you will be the richest of people.

5 Steps Towards A Noble Life

“Be good to your neighbour and you will be a true believer”

- Everyday you must strengthen your bond with your neighbours.
- Whether it is through a smile, a kind word or a simple gift, all of these kind actions have an effect on the hearts and are of the best forms of silent da'wah.

مَا زَالَ جِبْرِيلُ يُوصِينِي بِالْجَارِ حَتَّى ظَنَنْتُ أَنَّهُ لِيُورِثَنِي (Muslim)



Communal Developments



“Love for other people what you love for yourself and you will be a (perfect) Muslim.”

- This notion requires real life application, not a wish or hope for others.
- If you love knowledge, share your experience, expertise and create access points for others.
- Always ask reflect and ask yourself 'would I like this for myself?'

“Do not laugh too much, for excessive laughter deadens the heart.”

The prophet was cheerful, taught us to smile and joke, but not at the expense of others or without moderation.

5 pieces of advice, 5 points shared over 1435 years ago through generations. Will you act upon them and share this with your family and friends?