

الْحَمْدُ لِلَّهِ الْوَاحِدِ الْأَحَدِ، الَّذِي لَمْ يَلِدْ وَلَمْ يُولَدْ، نَحْمَدُهُ سُبْحَانَهُ وَصَيِّ بِالْوَالِدَيْنِ إِحْسَانًا،  
وَأَمَرَ بِرَّهُمَا شُكْرًا وَتَقْدِيرًا وَعِرْفَانًا، وَأَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ  
أَنَّ سَيِّدَنَا وَنَبِيَّنَا مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ، مَنبَعُ الرَّحْمَةِ، وَهَادِي الْبَشَرِيَّةِ إِلَى  
سَعَادَةِ الدَّارَيْنِ، فَاللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا وَنَبِيِّنَا مُحَمَّدٍ، وَعَلَى آلِهِ  
وَصَحْبِهِ أَجْمَعِينَ، وَعَلَى مَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

All praise is due to Allah, the One and Only God; He neither begets nor is born. We extol Him as He enjoins on us to treat our parents with utmost care, and be grateful to them. I bear witness that there is no deity worthy of worship, except for Allah alone without any partners or peers. I also bear witness that our Master Muhammad is His Servant and Messenger, the wellspring of mercy and our guide to prosperity in both worlds. May the peace and blessings of Allah be upon him, his family, his Companions, and all those who will follow them in righteousness till the Day of Judgment.

هَلْ جَزَاءُ الْإِحْسَانِ إِلَّا الْإِحْسَانُ

**“Is the reward for good, [anything] but good?” (55:60)**

- Our parents' favours & sacrifices upon us are innumerable
- Through them we were brought to life, under their wing of compassion we grow. They are a Divine blessing, a pathway to Heaven, respecting them is their right and our duty.

وَقَضَىٰ رَبُّكَ أَلَّا تَعْبُدُوا إِلَّا إِيَّاهُ وَبِالْوَالِدَيْنِ إِحْسَانًا

**“And your Lord has decreed that you not worship except Him, and to parents, good treatment.” (17:23)**

- Appreciating & honouring parents is obedience to Allah

وَاعْبُدُوا اللَّهَ وَلَا تُشْرِكُوا بِهِ شَيْئًا وَبِالْوَالِدَيْنِ إِحْسَانًا

**“Worship Allah and associate nothing with Him, and to parents do good.”**

**“Who is more entitled to be treated with the best companionship by me?” The Prophet said, “Your mother. “The man said, “ Who is next?” The Prophet said, “Your mother.” The man said, “Who is next? “The Prophet said, “Your mother.” The man said, “ Who is next?” The Prophet said, “Your father.” [Sahih Muslim]**

وَبَرًّا بِوَالِدَيْهِ وَلَمْ يَكُنْ جَبَّارًا عَصِيًّا

**Yahya عليه السلام was: “dutiful to his parents, and he was not a disobedient tyrant.” (19:14)**

وَبَرًّا بِوَالِدَتِي وَلَمْ يَجْعَلْنِي جَبَّارًا شَقِيًّا

**Isa عليه السلام was: “and [made me] dutiful to my mother, and He has not made me a wretched tyrant.” (19:32)**

أَنْ اشْكُرْ لِي وَلِوَالِدَيْكَ إِلَيَّ الْمَصِيرُ

**“Be grateful to Me and to your parents; to Me is the [final] destination.” (31:14)**

فَلَا تَقُلْ لَهُمَا أُفٌ وَلَا تَنْهَرُهُمَا وَقُلْ لَهُمَا قَوْلًا كَرِيمًا

**“Say not to them a word of disrespect, nor shout at them but address them in terms of honour.” (17:23)**

رَغِمَ أَنْفُهُ، ثُمَّ رَغِمَ أَنْفُهُ، ثُمَّ رَغِمَ أَنْفُهُ قِيلَ مَنْ يَا رَسُولَ اللَّهِ؟ قَالَ مَنْ أَدْرَكَ وَالِدَيْهِ عِنْدَ الْكِبَرِ أَحَدَهُمَا أَوْ كِلَيْهِمَا ثُمَّ لَمْ يَدْخُلِ الْجَنَّةَ

**“Let him be humbled, let him be humbled, let him be humbled.” it was said, “Allah's Messenger, who is he?” He said, “he who finds his parents in old age, either one or both of them, and does not enter Paradise (Sahih Muslim)**

- **Thursday marked International Women's Day & Sunday will mark Mother's Day – for Muslims every day holds the same importance.**

إِنَّ أَكْرَمَكُمْ عِنْدَ اللَّهِ أَتْقَاكُمْ – Indeed, the most noble of you in the sight of Allah is the most righteous of you 49.13

وَلَيْسَ الذَّكَرُ كَالْأُنثَى -The boy is unlike the female (3.36)

فَاسْتَجَابَ لَهُمْ رَبُّهُمْ أَنِّي لَا أُضِيعُ عَمَلَ عَامِلٍ مِّنْكُمْ مِّنْ ذَكَرٍ أَوْ أُنثَىٰ

So their Lord accepted their prayer, for I do not waste the efforts of any (righteous) worker, male or female; (3.195)

وَعَاشِرُوهُنَّ بِالْمَعْرُوفِ

And live with them in kindness. 4.19

- **Our Women, Our Mothers, Our Sisters are the strength & backbone of society and the world. They are our Honour and Pride.**
- **We must protect them, honour them, nurture them and support them as is their right and our duty.**
- **We must end the violence, the abuse & double standards, treat them equally, empower and respect our women the way that Allah ﷻ has commanded us to do & how the Prophet ﷺ illustrated during his life.**