

الحمدُ لله الذي جعلَ الصلاةَ للمؤمنينَ نوراً، وراحةً وسروراً، أحمدهُ سبحانهُ حمداً يليقُ بجلالِ وجهِهِ وعَظيمِ سلطَانِهِ، وأشهدُ أنْ لا إلهَ إلاَّ اللهُ وَحْدَهُ لا شَرِيكَ لَهُ، وَلِيُّ الصَّالِحِينَ، وَأَنيسُ المتقينَ، ولعِبَادَتِهِ تَشْتاقُ قلوبُ المصلينَ

وأشهدُ أنَّ سيدَنَا مُحَمَّدًا عَبْدُ اللهِ وَرَسُولُهُ، وَصَفِيُّهُ مِنْ خَلْقِهِ وَحَبِيبُهُ، إمامُ المتقينَ، وسيدُ العابدينَ، فَاللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ الطَّيِّبِينَ الطَّاهِرِينَ، وَعَلَى أَصْحَابِهِ الكرامِ، وَعَلَى مَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ

**All praise is due to Allah. He made the prayer a beacon of light, a source of relief and comfort for the faithful. All grace is due to Allah as is befitting to His Glorious presence, His great sovereignty and virtues. I bear witness there is no deity except Him, He is The Guardian of the Pious, to Whom the hearts of worshippers aspire.**

**I also bear witness that our Master Muhammad is the Messenger of Allah and His dearest Servant, the Imam of the virtuous Believers. May Allah grant His blessings upon our Master Muhammad, his kin and kith and all those who will follow them in righteousness until the day of Judgment.**

وَأَنْ أَقِيمُوا الصَّلَاةَ وَاتَّقُواهُ وَهُوَ الَّذِي إِلَيْهِ تُحْشَرُونَ

“And to establish prayer and fear Him. And it is He to whom you will be gathered.”

- Salah: Backbone of religion, pillar of Islam – Intimate Act of Worship, Cannot be forsaken in Residence/Travel/War/Sickness/Health

- Core of Body - Heart - Core of Religion - Salah - Sound - Strong - Stable

إِنَّ أَوَّلَ مَا يُحَاسَبُ بِهِ الْعَبْدُ يَوْمَ الْقِيَامَةِ مِنْ عَمَلِهِ صَلَاتُهُ فَإِنْ صَلَحَتْ فَقَدْ أَفْلَحَ وَأَنْجَحَ، وَإِنْ فَسَدَتْ فَقَدْ خَابَ وَخَسِرَ

“It is the first thing about which a person will be questioned on the Day of Judgment. If it is found to be sound all his other actions will be sound as well. If his prayer is not sound all his remaining actions would be spoiled.” (Al-Tirmidhi)

الصَّلَاةُ ثَلَاثَةٌ ثَلَاثٌ: الطُّهُورُ ثُلُثٌ، وَالرُّكُوعُ ثُلُثٌ، وَالسُّجُودُ ثُلُثٌ، فَمَنْ أَدَّاهَا بِحَقِّهَا قُبِلَتْ مِنْهُ وَقَبِلَ مِنْهُ سَائِرُ عَمَلِهِ، وَمَنْ رُدَّتْ عَلَيْهِ صَلَاتُهُ رُدَّ عَلَيْهِ سَائِرُ عَمَلِهِ

“The Prayer is three thirds, a third is the purity (Tahara), a third is bowing (Rukuu), and a third is prostration (Sujud). But if it is rejected, all his other deeds shall also be rejected.” (Majma Az-Zawaid)

Ibrahim عليه السلام: رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي رَبَّنَا وَتَقَبَّلْ دُعَاءِ

Ishaq/Ya'qub عليه السلام: وَأَوْحَيْنَا إِلَيْهِمْ فِعْلَ الْخَيْرَاتِ وَإِقَامَ الصَّلَاةِ وَإِيتَاءَ الزَّكَاةِ وَكَانُوا لَنَا عَابِدِينَ

Musa/Harun عليه السلام: وَاجْعَلُوا بُيُوتَكُمْ قِبْلَةً وَأَقِيمُوا الصَّلَاةَ وَبَشِّرِ الْمُؤْمِنِينَ

Esa عليه السلام: وَأَوْصَانِي بِالصَّلَاةِ وَالزَّكَاةِ مَا دُمْتُ حَيًّا

Muhammad صلى الله عليه وسلم: وَأَقِمِ الصَّلَاةَ طَرَفِي النَّهَارِ وَزُلْفًا مِنَ اللَّيْلِ إِنَّ الْحَسَنَاتِ يُذْهِبْنَ السَّيِّئَاتِ

“These are the five prayers which the Almighty has made obligatory on people: a person who did ablutions in a befitting manner, offered the prayers on time and prostrated both his inner and outer selves before the Almighty, has been promised forgiveness by Him.” (Abu Dawud)

يَعْقِدُ الشَّيْطَانُ عَلَى قَافِيَةِ رَأْسِ أَحَدِكُمْ إِذَا هُوَ نَامَ ثَلَاثَ عُقَدٍ...

"Satan puts three knots at the back of the head of any of you if he is asleep. On every knot he reads and exhales the following words, 'the night is long, so stay asleep.' Hamd + wudu + salah = freedom = good heart, energy & Barakah = (Bukhari)

فَخَلَفَ مِنْ بَعْدِهِمْ خَلْفٌ أَضَاعُوا الصَّلَاةَ وَاتَّبَعُوا الشَّهَوَاتِ فَسُوفَ يَلْقَوْنَ غِيًّا

“But after them there followed a generation who missed prayers and followed their lusts soon, then, will They face Destruction” (19:59)

خشوع - خضوع

## Humbleness - Submissiveness

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عِلْمٍ لَا يَنْفَعُ، وَقَلْبٍ لَا يَخْشَعُ، وَدُعَاءٍ لَا يُسْمَعُ، وَنَفْسٍ لَا تَشْبَعُ

“O Allah, I seek refuge with You from knowledge that is of no benefit, a heart that is not humble, a supplication that is not heard and a soul that is not satisfied.” (Sunan al-Nisai)

إِذَا صَلَّيْتُمْ فَلَا تَلْتَفِتُوا، فَإِنَّ اللَّهَ يَنْصِبُ وَجْهَهُ لِرُكُوعِهِ فِي صَلَاتِهِ مَا لَمْ يَلْتَفِتْ

“And Allah commands you to perform Salat, and when you perform Salat then do not turn away, for Allah is facing the face of His worshipers as long as he does not turn away. (Sunan al-Tirmidhi)

أَسْوَأُ النَّاسِ سَرِقَةً الَّذِي يَسْرِقُ مِنْ صَلَاتِهِ - لَا يُتِمُّ رُكُوعَهَا وَلَا سُجُودَهَا

The worst stealer is he who steals in his prayer – By not completing his bowing and prostrating (Musnad Ahmad)

إِنَّ الصَّلَاةَ كَانَتْ عَلَى الْمُؤْمِنِينَ كِتَابًا مَّوْقُوتًا

“Indeed, prayer has been decreed upon the believers a decree of specified times.” (4:103)