

إن الحمد لله، نحمده ونستعينه ونستغفره، ونعوذ بالله من شرور أنفسنا، و
من سيئات أعمالنا، من يهده الله فلا مضل له، ومن يضلل فلا تجد له ولياً
مرشداً. وأشهد ألا إله إلا الله وحده لا شريك له، وأشهد أن محمداً عبده
ورسوله، صلى الله عليه وعلى آله وصحبه، ومن تبعهم بإحسان إلى يوم
الدين

Indeed all praise is for Allah, we praise Him and seek His help and forgiveness. We seek refuge with Allah from the evil of ourselves and our deeds; whosoever Allah guides, no one can mislead, and whosoever Allah leaves, he will not find a guide. I bear witness there is no God but Allah alone with no partner, and I bear witness that Muhammad is His slave and His Messenger, may Allah bless him, his family and companions, and those who follow until the Day of return.

إِنِّي أَخَافُ اللَّهَ رَبَّ الْعَالَمِينَ - فَلَا تَخَافُوهُمْ وَخَافُونِ إِن كُنْتُمْ مُؤْمِنِينَ

- **Fear:** Musa عليه السلام confronting Pharaoh; stuck at the sea
- **Fear:** Ibrahim عليه السلام challenging his community, tossed into a blazing fire, sacrificing his own son
- **Fear:** Nuh عليه السلام building a ship in the desert, mocked
- **Fear:** Maryam pregnant without a husband, alone
- **Fear:** Muhammad صلى الله عليه وسلم physical, verbal abuse, exiled, attempted assassinations

Fear: Human emotion – natural to feel and fear; however the Prophets' **FAITH** was **STRONGER** than their **Fear**

Your Strength of **FAITH** must outweigh your fear in order to overcome obstacles in life. Otherwise **FEAR** will consume, incapacitate and destroy you.

So who and what do you **Fear**, and should you?

Fear is almost always not real: In our minds, self created, fulfilling prophecies

- **Fear is a tool that Shaytan uses:** He uses it to influence us and limit our ability
- **Fear is an emotion that successful people overcome:** Fear of repercussions doesn't influence their decision making
- **Fear prevents you from doing the right thing:**

فَمَا آمَنَ لِمُوسَىٰ إِلَّا ذُرِّيَّةٌ مِّن قَوْمِهِ عَلَىٰ خَوْفٍ مِّن فِرْعَوْنَ وَمَلَئِهِمْ

“So none accepted faith in Musa, except a few descendants of his people, fearing Firaun and his court members” (10:83)

- **Fear is something that Allah ﷻ removes from hearts who have true faith and actions:**

إِنَّ الَّذِينَ قَالُوا رَبُّنَا اللَّهُ ثُمَّ اسْتَقَامُوا فَلَا خَوْفٌ عَلَيْهِمْ وَلَا هُمْ يَحْزَنُونَ

“Indeed those who said, “Allah is our Lord”, and then remained steadfast – upon them is neither any fear nor shall they grieve.” (46:13)

Forms of Fear:

People – Poverty – Criticism – Poor Health – Loss of Love – Change

Old Age – Death – Failure – Acceptance – Governments – Legislations

Fear mentioned 124x Qu'ran; majority Allah ﷻ don't fear them/it/satan – fear me

Poverty: وَلَا تَقْتُلُوا أَوْلَادَكُمْ خَشْيَةَ إِمْلَاقٍ نَحْنُ نَرْزُقُهُمْ وَإِيَّاكُمْ

“And do not kill your children, fearing poverty; We shall provide sustenance to them as well as to you (17:31)

Criticism: يَا أُخْتَ هَارُونَ مَا كَانَ أَبُوكِ امْرَأَ سَوْءٍ وَمَا كَانَتْ أُمُّكَ بَغِيًّا

“O sister of Haroon, neither was your father an evil man nor was your mother of poor conduct!” (19:28)

Health: وَلِمَنْ خَافَ مَقَامَ رَبِّهِ جَنَّاتٍ

“And for one who fears to stand before his Lord, are two Gardens.”
(55:46)

قال الله - تعالى -: وَعِزَّتِي لَا أَجْمَعُ عَلَى عَبْدِي خَوْفِينَ وَأَمِينٍ، إِذَا خَافَنِي فِي الدُّنْيَا أَمَّنْتُهُ يَوْمَ الْقِيَامَةِ، وَإِذَا أَمَّنِي فِي الدُّنْيَا أَخَفْتُهُ يَوْمَ الْقِيَامَةِ“

فَلَا تَخَافُوهُمْ وَخَافُونِ - فَلَا تَخْشَوْهُمْ وَاخْشَوْنِي

“Do not fear them, fear me. Do not be in awe of them, be in awe of me”

وَمَنْ يُطِيعِ اللَّهَ وَرَسُولَهُ وَيَخْشِ اللَّهَ وَيَتَّقْهِ فَأُولَئِكَ هُمُ الْفَائِزُونَ