

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، جَعَلَ الصَّلَاةَ رَاحَةً لِلْمُؤْمِنِينَ، وَنُورًا لِلْمُتَّقِينَ،  
وَأَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ سَيِّدَنَا وَنَبِيَّنَا  
مُحَمَّدًا عَبْدُ اللَّهِ وَرَسُولُهُ، إِمَامُ الْعَابِدِينَ، وَقُدْوَةُ الرَّاكَعِينَ السَّاجِدِينَ،  
فَاللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا وَنَبِيِّنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ  
الطَّيِّبِينَ الطَّاهِرِينَ، وَعَلَى مَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

All praise is due to Allah, the Lord of the Worlds. He made the prayers a source of comfort for the believers and a beacon of light for the pious. I bear witness that there is no deity save Allah, having no associates. I also bear witness that our Master Muhammad is the servant of Allah and His Messenger. He is the Imam of the virtuous believers and the best amongst those who establish prayers. May the peace and blessings of Allah be upon him, his pure family, companions, and all those who follow them in righteousness till the Day of Judgment.

## Making Salah Meaningful

وَأَنْ أَقِيمُوا الصَّلَاةَ وَاتَّقُوهُ وَهُوَ الَّذِي إِلَيْهِ تُحْشَرُونَ

And to establish prayer and fear Him." And it is He to whom you will be gathered.

(6:72)

وَأَقِيمُوا الصَّلَاةَ وَآتُوا الزَّكَاةَ وَأَطِيعُوا الرَّسُولَ لَعَلَّكُمْ تُرْحَمُونَ

And establish prayer and give zakah and obey the Messenger - that you may receive mercy. (24:56)

صَلِّ الصَّلَاةَ لَوَقْتِهِ

Pray the prayer on time (Muslim)

جُعِلَتْ قُرَّةُ عَيْنِي فِي الصَّلَاةِ

“The comfort to my eyes is in prayer.” (Nisai)

قَدْ أَفْلَحَ الْمُؤْمِنُونَ\* الَّذِينَ هُمْ فِي صَلَاتِهِمْ خَاشِعُونَ - إِلَى - وَالَّذِينَ هُمْ عَلَى صَلَوَاتِهِمْ يُحَافِظُونَ أُولَئِكَ هُمُ الْوَارِثُونَ الَّذِينَ يَرِثُونَ الْفِرْدَوْسَ هُمْ فِيهَا خَالِدُونَ

Certainly will the believers have succeeded: They who are during their prayer humbly submissive. And they who carefully maintain their prayers - Those are the inheritors.

Who will inherit al-Firdaus. They will abide therein eternally. (23:1-11)

## Making Salah Meaningful

فَوَيْلٌ لِّلْمُصَلِّينَ الَّذِينَ هُمْ عَن صَلَاتِهِمْ سَاهُونَ

So woe to those who pray, But who are heedless of their prayer (107:4-5)

وَلَا يَأْتُونَ الصَّلَاةَ إِلَّا وَهُمْ كُسَالَىٰ

and that they come not to prayer except while they are lazy (9:54)

You love your wife/children, initially its abundantly clear but as time goes by it become less so, and the underlying assumption is that they know, so you exert less effort and less conviction until they don't believe you anymore.

فَإِذَا فَرَغْتَ فَانصَبْ وَإِلَىٰ رَبِّكَ فَارْغَبْ

So when you have finished, then stand up. And to your Lord direct longing. (94:7-8)

### 6 (Faraidh) Mandatory Aspects of Salah:

1. Takbeer Tahrimah – shun the world, enter to Allah's realm/court
2. Qiyaam Upright/Mustaqeem, focused, determined, balanced
3. Qira'ah "Only by the remembrance of Allah hearts are assured" (13:28)
4. Ruku' " and bow with those who bow in worship and obedience" (2:43)
5. Sujuud "A slave becomes nearest to his Rabb when he is in prostration." (Muslim)
6. Qu'ood "it is difficult except for the humbly submissive [to Allah]" (2:45)