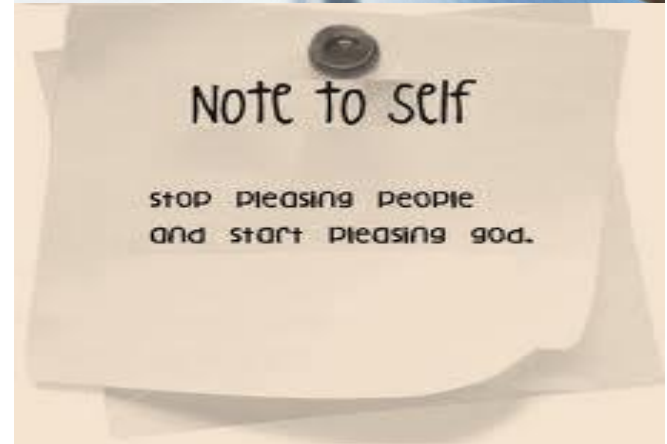




Please The ONE, Not The Many

## Please The ONE, Not The Many

- Family Obligations, Communal Invitations, Personal Commitments, Social Appeasements
- Constantly juggling, exhausted – eventually burnt out physically & spiritually
- Hurrying/Missing Salah, Zikr, Classes
- Mother/Father, Wife/Husband, Son/Daughter, Friend, Leader
- Want people to like you, praise, admiration, limelight
- Check your Nafs
- Are all these efforts/people taking you closer or further away from Allah?



# Please The ONE, Not The Many



- The Prophet ﷺ said, “He who displeased Allah for seeking the pleasure of people, Allah is displeased with him and those people are also displeased, for pleasing whom he had earned Allah's displeasure. And he who pleases Allah, although by it he displeased people, Allah is pleased with him, and also those people whom he had displeased for pleasing Allah become pleased with him. Allah makes him splendid and his speech and acts in the eyes of others beautiful.” [Tabarani]
- Your Maqsad is not to please people
- You Come First - Look After Yourself

# Please The ONE, Not The Many

- Putting others' needs before yours.
- Harming yourself physically, emotionally and financially.
- Saying yes to every request.
- Feeling guilty when you say no.
- Feeling selfish when you do something for yourself.
- Suppressing emotions to please others.
- Going out of your way to appease others.
- Feeling crushed by criticism and disapproval.
- Thinking that it is your Islamic duty to please others.



## Please The ONE, Not The Many

وَاللَّهُ وَرَسُولُهُ أَحَقُّ أَنْ يُرْضُوهُ

”But it is more fitting that they should please Allah and His Messenger [9:62]

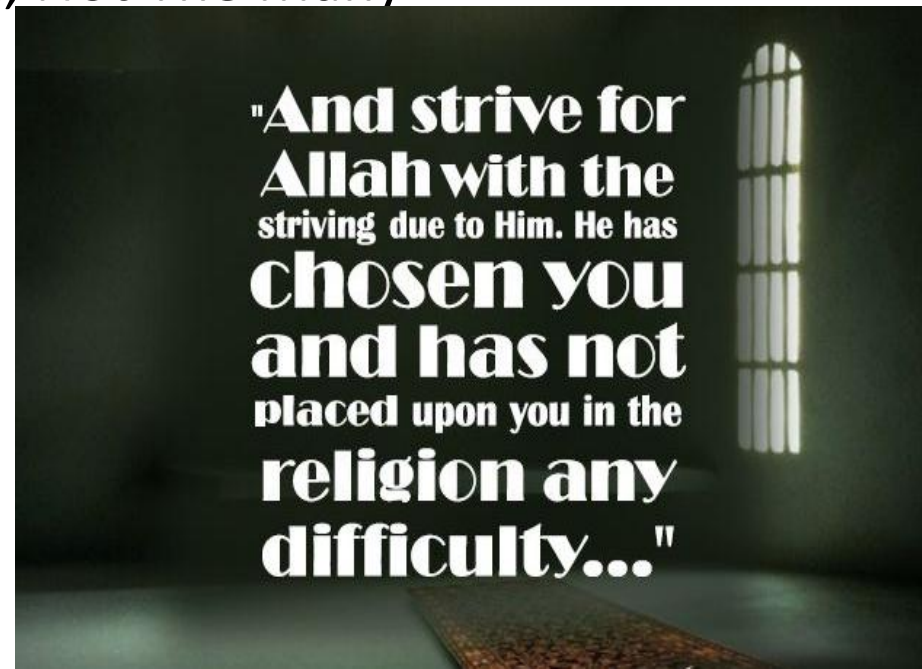
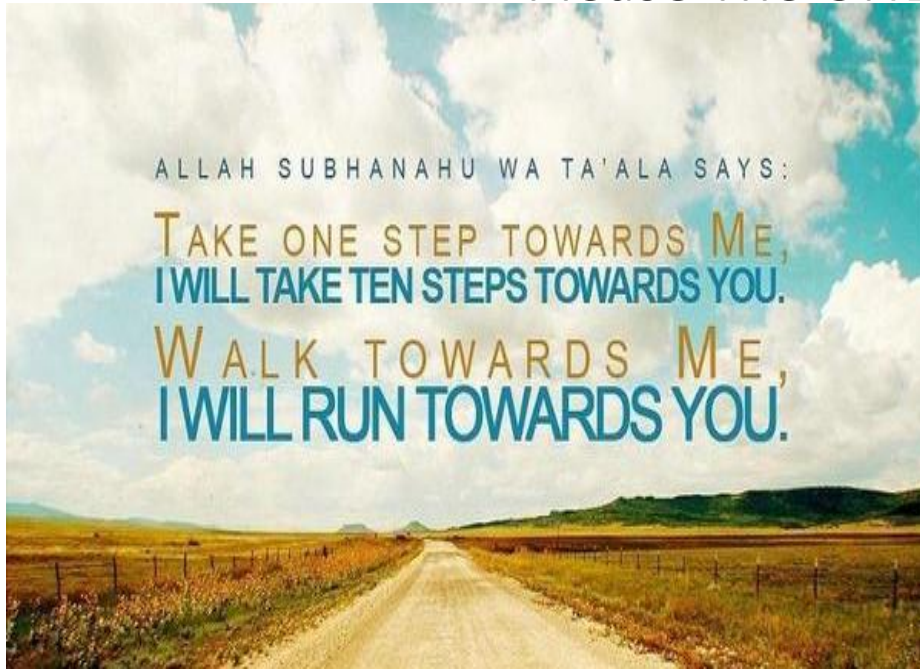
يَوْمَ يَفِرُّ الْمَرْءُ مِنْ أَخِيهِ وَأُمِّهِ وَأَبِيهِ وَصَاحِبَتِهِ وَبَنِيهِ لِكُلِّ  
أَمْرٍ مِّنْهُمْ يَوْمَئِذٍ شَأْنٌ يُغْنِيهِ

On the Day a man will flee from his brother, And his mother and his father, on that Day, to every one of them will his own state be of sufficient concern. (80:34-36)

يَوْمَ لَا يَنْفَعُ مَالٌ وَلَا بَنُونَ إِلَّا مَنْ أَتَى اللَّهَ بِقَلْبٍ سَلِيمٍ  
the Day on which neither wealth will be of any use, nor children, [and when] only he [will be happy] who comes before God with a heart free of evil!” (26:89)



# Please The ONE, Not The Many



Pleasing Family-Ibrahim عليه السلام, Pleasing Children-Nuh عليه السلام, Pleasing People-Prophet عليه السلام - No, Always Pleased Allah First

Pleasing Leads: Alcohol, Drugs, Fraud, Lying, Harming, Disobedience Actions/Speech

Reality: Pleasers are taken for granted and taken advantage of - ABUSED

Allah سبحانه by contrast, is One who rewards us with far more than we give in His cause. When we strive to please Him we feel contented, right, and spiritually hale, rather than exhausted and disillusioned. Pleasing and serving Allah is never a one-way street, as it so often is with human beings. Everything we have already came from Allah. When we're grateful, He increases our provision, and when we work in Allah's cause He outmatches us.

# Please The ONE, Not The Many

وَلَا تَنْسُوا الْفَضْلَ بَيْنَكُمْ

“And do not forget to do good to one another.” (2:237)

Abdullah b. 'Umar رضي الله عنه narrated that the Messenger of Allah said, “Whoever fulfilled the needs of his brother, Allah will fulfil his needs; whoever brought his brother out of a discomfort, Allah will bring him out of the discomforts of the Day of Resurrection, and whoever screened a Muslim, Allah will screen him on the Day of Resurrection.”

If we please Allah, everyone else will be eventually be automatically pleased with us

