

# Superheroes!!!



Hulk, Batman, Ironman, Superman, Thor,  
Wolverine, Spiderman, Goku, Green Lantern

# World of Superheroes!!!

- For those of us who are superhero fans, there is a unifying characteristic that attracted us to our favourite childhood crime fighting heroes: connecting to their journey and values.
- These heroes' stories portray many of mankind's struggles, hopes, fears and dreams.
- The Hulk teaches us the human nature of the war within each person's soul.
- Batman teaches how to overcome our fears the darker side of human nature.
- The Ironman teaches us how we can right our wrongs and become saviours for mankind.

# World of Humans!!!

- Life in this world has dangers, fear, distractions, loss and despair.
- We need a superhero, guide, friend to reach our final goal in this world of temptations, desires and evil.
- Allah ﷻ given us His friends, who help guide and protect us in this world.
- Their job is to get us back to the Prophet ﷺ, who will then take us into heaven.

اللَّهُ وَلِيُّ الَّذِينَ آمَنُوا يُخْرِجُهُم مِّنَ الظُّلُمَاتِ إِلَى النُّورِ

Allah is the friend (protector) of those who believe.  
Allah brings them out from the darkness's into the  
light.

أَلَا إِنَّ أَوْلِيَاءَ اللَّهِ لَا خَوْفٌ عَلَيْهِمْ وَلَا هُمْ يَحْزَنُونَ

Unquestionably, for the friends of Allah, there will  
be no fear, nor will they grieve.

# Which Super-Wali of Allah?

- **Prophet**: Glory and reality of Allah.
- **Siddeeq**: Living embodiment of truth.
- **Suhadaa**: Witnessed the glory and power of Allah.
  
- **Awliyaa**: Chosen friends of Allah.
- **Ghawth**: Aid, help in the midst of difficulties.
- **Qutub**: Axis, the point upon which things turn.
- **Mujaddid**: Revivers of Religion.
- **Saaliheen – Muslims**: Honest, pious, good people.

# Superhero Help/Step 1:

- **Nafs Ammarah**: In the first stage man is a pure animal, restless with animal urges, impatient of restrictions and stranger to any pricking of conscience.

واصبر نفسك مع الذين يدعون ربهم بالغدوة والعشي يريدون وجهه

And withhold yourself with those who call on their Lord morning and evening desiring His goodwill. (Al-Kahf 18:28)

- **Fanaa**: A complete control of the animal self. At this stage man ceases to be disturbed by any urge of desire. The only urge left in him is prayerful surrender of his whole being.

# Superhero Help/Step 2:

- **Nafs Lawwama:** The struggling moral self. In the second stage he begins with a faint dawning of the moral sense and ends in a complete surrender of the animal ego.

ومن يسلم وجهه إلى الله وهو محسن فقد استمسك بالعروة الوثقى

“And whoever submits themselves wholly to Allah while doing excellent work has indeed taken hold of the firmest thing upon which one can lay hold  
(Luqman 31:22)

- **Baqaa:** This means a restoration of the self in a new consciousness, this time not of the flesh but of the spirit

# Superhero Help/Step 3:

- **Nafs Mutmainnah:** The composed God-realised self. The struggle between the lower and the higher selves having now ended, the Muslim enters a condition of perfect peace, of purity, of rectitude and of knowledge.

ومن أحسن دينا ممن أسلم وجهه لله وهو محسن

“And who has a better religion than one who submits themselves entirely to God while doing good? (Nisa' 4:125)

- **Liqaa:** This is the stage in which man's spiritual knowledge rises to such a high degree that the rewards for his faith, sincerity and devotion no longer remain a matter of belief but a palpable certainty and an experience.



# Ghawth Muhyuddin Abdal Qadir al-Jilaani, al-Hasani, al-Husani ﷺ

- **Ghawth**: Aid, helper in the midst of difficulties.
- **Muhyuddin**: describes him as a "reviver of religion".
- **Abdal Qadir**: Slave of Allah The Omnipotent.
- **al-Jilani**: Refers to place of birth in Persia.
- **al-Hasani, al-Husani**: Related to Imam Hassan and Hussain ﷺ

# Life of Shaykh Abdal Qadir al-Jilani

- He spent his early life in Na'if, the town of his birth. In 1095, at the age of eighteen years, he went to Baghdad. There, he pursued the study of Hanbali law.
- Master scholar of outer and inner Islam, Shariah & Haqiqah
- Work/Publication:
  - Futuh al-Ghaib (Revelations of the Unseen)
  - Al-Fath ar-Rabbani (The Sublime Revelation)
  - Al-Ghunya li-Talibi Tariq al-Haqq (Sufficient Provision for Seekers of the Path of Truth,
  - Kitab Sirr al-Asrar wa Mazhar al-Anwar (The Book of the Secret of Secrets and the Manifestation of Lights)
  - Tafseer al-Jeelani (Quran commentary)

# Advice of Shaykh Abdal Qadir al-Jilani

- Three things are indispensable for a believer in all conditions of life:
  - 1 . He should keep the commandments of God.
  - 2. He should abstain from the forbidden things.
  - 3. He should be pleased with the decree of Providence.
- Thus the least that is expected of a believer is that he should not be without these three things. So he should make up his mind for these and talk to himself about them and keep his organs engaged in them.

# Works of Shaykh Abdal Qadir al-Jilani

- "In the Name of Allah, the Name of the One who causes the flowing of the rivers [anhar] and the sprouting of the trees [ashjar].
- "In the Name of Allah is the consolation of our spiritual natures [arwah].
- "In the Name of Allah is the salvation of our bodily forms [ashbah].
- "In the Name of Allah is the light that illuminates our breasts [sudur].
- "In the Name of Allah is the organizing principle that regulates our affairs [umur].
- "In the Name of Allah is the crown of the truly confident [taj al-wathiqin].
- "In the Name of Allah is the lamp of those who reach their destination [siraj al-wasilin].
- "In the Name of Allah is that which satisfies the needs of ardent lovers [mughni'l-'ashiqin].
- "In the Name of Allah is the Name of the One who honours certain servants and humiliates certain servants ['ibad].