

الْحَمْدُ لِلَّهِ الَّذِي عَلَّمَ وَلَنَعْمَ، وَهَدَانَا بِالْقُرْآنِ لَلَّتِي هِيَ لَأَقْوَمُ، وَأَشْهَدُ أَنْ
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ
شَيْءٍ قَدِيرٌ، وَأَشْهَدُ أَنَّ سَيِّدَنَا مُحَمَّدًا عَبْدُ اللَّهِ وَرَسُولُهُ، وَصَفِيُّهُ مِنْ خَلْقِهِ
وَخَلِيلُهُ، فَاللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ
أَجْمَعِينَ، وَعَلَى مَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

Praise be to Allah, who taught us and bestowed upon us blessings, and guided us with the Quran to that which is most suitable. I bear witness that there is no deity worthy of worship, except for Him alone without any partners or peers. To Him belongs the dominion of the heavens and the earth and whatever is within them. And He is over all things competent. I also bear witness that our Master Muhammad is His Servant and Messenger, may the peace and the blessings of Allah be upon him, his companions and all those who will follow them in righteousness till the Day of Judgment.

- **BE PROACTIVE - NOT REACTIVE** – Prepare for the challenges ahead, gender, sexuality, pornography, sex, pregnancy, puberty, faith, diet, clothing... Technology and the Internet, no more than 1-2 hours daily. Filter the content, avoid shows, cartoons, movies, games and advertisements that promote mixed gender relationships, sexuality, immodesty, violence, immorality...
- **PRAYER & CLEANLINESS** – The first school of any child is their home. Children should be made to pray at the age of 7. Include children during Wudu by 5/6, stress the importance of Salah, Shukr, Cleanliness to Allah through practice. Encourage cleanliness, modesty, Awrah, gratitude, connection to Allah & associate it with happiness & rewards.

“O my son! Keep the prayer established, and enjoin goodness and forbid from evil, and be patient upon the calamity that befalls you; indeed these are acts of great courage.”

“And establish the prayer; indeed the prayer stops from indecency and evil; and indeed the remembrance of Allah is the greatest; and Allah knows all what you do. (29:45)”

- **GENDER & RELATIONSHIPS** – The parent should highlight, encourage, and celebrate the differences between girls and boys and discourage boys and girls from acting like the opposite sex, avoiding close personal contact, & hugging & kissing across genders, segregation... dating, intercourse, masturbation...

“Successful indeed are the believers... And who do not incline towards indecent matters... those who protect their sexual organs except from their spouses...whosoever seeks more beyond that [in sexual gratification], then they are the transgressors.” (23:5-7)

- **Modesty** – Separate their beds at the age of 7, do not undress before them, discuss the importance of Haya of the body/eyes/clothes/heart..

“Children of Adam, We have sent down clothing to you to conceal your private parts.” (7:26)

"O Asma, when a woman reaches the age of menstruation, it does not suit her except that she displays parts of her body except this and this," and he pointed to her face and hands. (Abu Dawud)

“Cast down their looks & guard their private parts; that is purer for them; surely Allah is Aware of what they do” (24:30-31)