

Lessons from the Isra & Mi'raj.

Below are different events that happened during the night of Isra & Mi'raj. All of them have an important lesson for us too.

- a. Next to each one, write how you think this was an important lesson for Muslims. What do we learn? How can we apply this to our lives? How can we improve as Muslims.
- b. One example (the first one) has been done for you.

Event.

Before the journey began, Jibril opened the chest of Prophet Muhammad (peace be upon him) and removed his heart. He then washed it with Zamzam water and replaced it.

What we learn....

**Jibril was preparing the Prophet's body for a special journey, to the heavens and beyond.
*We learn how special Zamzam water is, as it was used to clean the Prophet's heart.
All journeys we make in life should start with a clean heart.

Events.

When the Prophet (peace be upon him) was visiting the heavens, he saw an old, ugly woman who was decorated with lots of gold and silver. She called out the Prophet's name but he did not listen and reply. Later, the Prophet asked who the woman was. Jibril replied that she represented the Dunya (world).

After Salah, Jibril offered the Prophet (peace be upon him) either a glass of wine or a glass of milk. He chose the milk. Jibril said that he had made the right and 'natural' choice.

When he passed Musa (peace be upon him) in the heavens, Prophet Muhammad (peace be upon him) saw him performing Salah in his grave.

When Jibril and Prophet Muhammad (peace be upon him) mounted the Buraq, they were heading for Jerusalem but they first stopped at al-Madina, Bethlehem and Mount Moses (where Allah spoke directly to Musa).

Prophet Muhammad (peace be upon him) saw people whose heads were crushed with stones. When he asked Jibril about this, he replied, 'these are the ones who could not read Fajr in the morning.'

Prophet Muhammad (peace be upon him) saw a rock with a small opening from which a big bull came out. That bull tried to go back in the opening but could not. He was told this is the example of the bad word--once spoken, it cannot be returned.

Prophet Muhammad (peace be upon him) saw people who had sharp copper nails and they were scratching their faces and chests. He was told they used to do backbiting.

Prophet Muhammad (peace be upon him) went beyond the heavens where he was given the gift of Salah. Allah first kept it at fifty and eventually reduced it to five.

Starter Activity.

All of these words (anagrams) relate to the Prophet's miraculous night journey. Put the letters in the right order and then write a line explaining what the word means.

I - B - J - L - R - I _____

Q - S - A - A _____

J - M - I - A - R _____

Q - A - R - B - U _____

A - R - I - S _____